

FITNESS CENTER RULES

- Do not leave personal items in the lockers, except while working out in the fitness center.
- Do not install permanent locks on the individual lockers.
- Do not store personal items in the shower or locker room areas.
- Proper foot attire must be worn at all times. Sandals and boots are not permitted.
- There is a thirty minute time limit on all cardiovascular machines (i.e. treadmill, bicycle, elliptical machine) when others are waiting.
- Perspiration should be wiped off of equipment after use, with your workout towel or sanitary wipes as provided.
- Open containers or glass bottles are not permitted. Only plastic water/fitness drink bottles are permitted.
- Do not change TV channels or adjust the volume.

Please be advised that any items stored or left behind in the locker room or the individual lockers will be removed and kept for one week in the management office before being discarded. Also, permanent locks on the individual lockers will be cut and the items removed as noted above.

Thank you.